# Our Liver is the Key to our overall Health

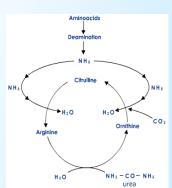
Modern man is constantly exposed to toxic chemicals, whether in the environment we live in, the food we eat, the water we drink, the air we breathe and in general the lifestyle we chose.

We are affected with pollutants no matter where we live and their bad effects can remain hidden for a very long time

Our new modern stressful life, high consumption of alcohol, abuse and excesses of prescription drugs, processed foods, ...etc. put a lot of pressure and may even damage our liver.

The truth is: no one can escape the all surrounding, all encompassing toxins of our modern life.

Liver is our processing plant as it receives everything that enters the mouth



or travels
down the
digestive
tract or gets
absorbed
into our
blood stream

# Main Functions of the liver:

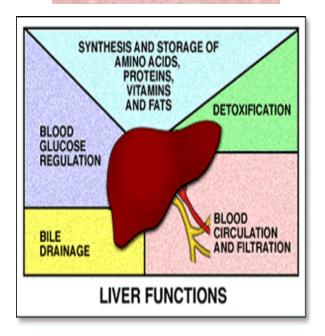
- Metabolizes fat, CHO & proteins
- Regulates Blood Sugar
- Fuel management & supply
- Water balance Fuel management & supply
- Stores vitamins & minerals
- Hormonal regulation
- Aids digestion
- Regulates blood coagulation
- Removes ammonia
- Nitrogen Excretion
- Breaks down hormones, chemicals, exertion
- Regulates use of fat stores
- Manufactures vital proteins lipo-proteins & immune factors.
- Breaks down Hormones and Chemicals
- Detoxification of natural toxins & manmade toxins

# **UTTATI**

Beauty, Wellness and Education

# LIVER CLEANSING PROGRAM

 $P_{\text{roduct}}/P_{\text{rice}}$ Information





#### LLC#1: LIVELY LIVER CLEANSE#1

(Tincture ) - For Internal use

Please note: These formulas are designed ideally to be used together

#### Role:

- -To promote deep liver and intestinal cleansing and detoxification
- Reduce inflammation in intestines and digestive tract.

#### **Other Benefits:**

- -Reduction of headaches caused by toxins in liver and intestines.
- -Helps to eliminate intestinal parasites
- -Improves quality of sleep and reduces insomnia.

#### Formula #1:

-Contains 20 premium food grade essential oils mixed in a base of honey, vegetal alcohol and rose hydrosol. The essential oils are 10% of the blend.

**Basil Chavicol:** Powerful decongestant of the liver and calms spasms.

**Celery plant**: Stimulates liver.

Carrot Seed: Strong liver detoxifier.

**Cinnamon bark**: Helps the body fight intestinal infections.

**Clove Bud:** Intestinal detox. Intestinal parasite control.

**Coriander Herb:** (Cilantro): Beneficial in the case of intestinal spasms.

**Cornmint:** This combines with peppermint and increases its antibacterial effects and muscle relaxation.

**Cumin Seed:** Reduces spasms and inflammation increasing Liver support.

**Lemon:** Liver cleanser. Pancreatic stimulant. Controls stomach acidity.

Lime: Reduces liver and stomach cramps.

**Mastic**: Powerful anti inflammatory. Prevents gastric ulcers.

**Neroli**: Calming and toning effect on liver and pancreas.

**Oregano**: Intestinal spasms, parasites. Liver and spleen stimulant.

**Black Pepper**: Fights heartburn. Cooling tonic. Liver and pancreas support.

**Peppermint:** Promotes secretion of bile. Powerful antibacterial for the intestinal tract. Works deeply in the intestines because it has the ability to penetrate all the acids in the intestinal tract and is unaffected by bodily secretions and so it retains full strength. Smooth muscle relaxant.

**Petit grain:** Calms the stomach and tones the digestive system.

**Rosemary**: Promotes metabolism of the liver and helps the liver deal with problems. Reduces headaches.

**Sage** (Dalmation): Helps to prevent ulcers. Eliminates toxins.

Thyme (wild white): Intestinal detox.

Vanilla: Total support of the digestive system.

### **Application:**

To start: 4 drops in 8 oz. of water. Drink at least 4 cups a day (1 quart) for one week then 3 cups a day for another week— 2 cups a day two weeks.( An addition of lemon juice to this mixture would be even better). Can be added to lemonade or any other fruit juice (orange juice) or herbal tea if desired.

#### For Maintenance and constant Cleansing:

To keep a constant detoxing and not to allow for more accumulation of toxins you can use the Tincture LLC # 1 once a day (4 drops per 8 oz of water) just twice a week

Price List		
LLC # 1		
8 cc Bottles	\$	25.00
15 cc Bottles	\$	45.00
1 OZ Bottles	\$	85.00



#### LLC # 2: LIVELY LIVER CLEANSE # 2

(Essential Oils Blend) For External Use Only

Application to the skin, allows the oils to be absorbed directly into the blood stream by passing the digestive system and the consequent reduction of effects by the chemicals in that system.

#### Role:

-Promotes deep liver and intestinal cleansing and detoxification

-Powerful support for the liver and digestive system .

#### Formula #2:

This formula contains 35 essential oils. Some are the same as above and others are not. However they are NOT for internal use.

They are to be mixed with base oil or skin cream in a ratio of 1 drop per 50 pounds of body weight per one application

#### Top Note of the Formula:

This is one of the reasons why this formula would only be used externally. It is because it contains three different types of Artemisia: They work very powerfully on three systems - the nervous system, immune system (parasites) and act as a very strong liver stimulant. Each supports the other with slight variations.

The Artemisia's are:

**Armoise** - Mugwort (Artemisia Arborescence): Strongest of Artemisia's effective in reducing cramps.

Tarragon (Artemisia Drancunculus): Adds the anti viral effects. It is stronger in reducing inflammation.

Wormwood (Artemisia absinthium): Liver support. Helps the intestines to fight parasites. It is the strongest in supporting the nervous system.

**Basil:** Insomnia Hepatic Decongestant, Reduces Migraines

Cajeput: Reduces Infections.

Fennel: Aids intestinal detox.

Laurel: Fights infections And detoxifies.

Lemon: Detoxification, calming and control of acidity.

Lemongrass: Very Powerful liver detoxifier. Intestinal antiseptic .Powerful anti parasitic.

Lime: Stomach Cramps.

St. John's wort: Anti inflammatory. Helps prevent ulcers and reduces spasms.

Tea Tree: anti inflammatory. Anti Bacterial. Anti fungal.

Wintergreen: Headache and liver stimulant The **chief** *top note* oil in this formula is:

**Eucalyptus polybractea** and this is the only variety of eucalyptus that can be used for the purposes of this formula. It combines better chemically with all of the other oils for we want to accomplish with this particular formula. It bonds and ties the top, middle and bottom well. It helps the body in fighting all infections.

#### Middle Note:

The middle note in this formula is more than half of the total weight of the formula and contains all of the most important active ingredients. The heart of the formula is

Roman Chamomile: ( it has the highest ratio). By adding to

Chamomile Mixta: (Moroccan Chamomile), balance the circadian rhythm for the reduction of insomnia and migraine headaches while supporting the liver and spleen. These two combined create the heart of the middle note and are combined with the following:

Calamus: Helps with lymphatic circulation and reduces intestinal spasms.

Carrot Seed: Regulates the liver and pancreas and intestinal function. It also supports the thyroid.

Celery Plant: Stimulant for the liver and gall bladder. Helps nervous fatigue.

Celery Seed: Helps with insomnia. Promotes lymphatic drainage. Reduces bloating.

Galangal: Very tiny amount. Reduces spasms and to support the pancreas.

Inula: Calms the body, while at the same time provids a strong anti bacterial, anti viral and anti parasitic effect.

Hyssop: Aids in the regulation of the digestive tract.

Melissa: Powerful for liver and gall bladder support and reduction of stomach cramps but it is in this formula to treat the anger that can be a side effect of liver congestion and toxicity.

Neroli: Calms the intestines. Tonic for liver and pancreas. Reduces insomnia.

**Oregano:** Reduction of migraines. Helps the body fight intestinal parasites and promotes general well being.

Pettit grain: Tones the whole digestive system.

**Rosewood:** In a tiny ratio to increase the calming effects and reduce headaches.

Thyme (wild white): Helps the body flush out the toxins as a result of parasites. Helps prevent intestinal infections.

#### **Base Note:**

Clove Bud: Powerful digestive disinfectant.

**Helychrisum Italicum:** Powerful detoxing agent. Stimulates the liver. Reduces migraine.

**Labrador Tea:** Part of the signature scent of the formula. It is a thyroid support. Powerful detoxifier.

Mastic: For lymph, pain and spasm control.

Myrrh: Powerful regulator of thyroid function. Helps the body's overall cell degeneration. Helps prevent ulcers.

Ylang Ylang: will be the signature scent for the formula in general. It is important in the reduction of anger. Relaxes the central nervous system. It helps reduce intestinal infections.

#### THE LIVER DETOX PATHWAYS AND ESSENTIAL NUTRIENTS



# **Application:**

If you have the oil blend alone – the combination should be 2ml of Blend to 50 ml of base oil, cream or lotion.

To be applied like an ordinary body cream on the arms and legs etc. Can be used on the chest, the inside of the elbows, the hands and especially over the liver area

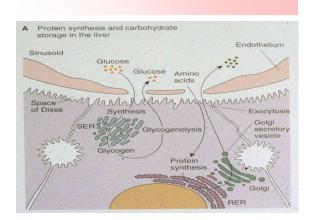
There should be at least 20 applications in one jar.

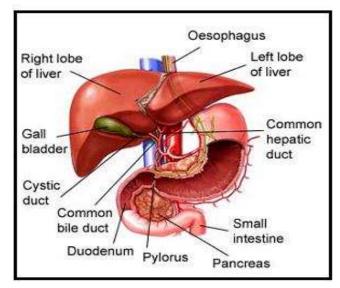
#### Test:

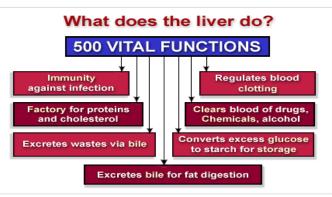
Observe the body and write down how you feel

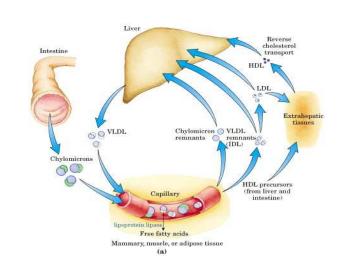
After a couple of weeks compare and monitor results.

Disclaimer: The information, opinions, data and statements provided on our Brochure are for educational purposes only and ARE NOT intended and SHOULD NOT be acted upon or represented as a substitute for professional medical advice, diagnosis, or treatment. Always seek professional medical advice from your physician or other qualified healthcare provider for any questions you may have regarding a specific medical condition and, in particular, to discuss both the advantages and risks of complementary and alternative medical treatment.









# **Price List** Essential oil Blend LLC # 2 TESTER 17.45 VIAL 30.55 2CC 38.20 4CC 72,60 8CC 138.00 CREAM 17.50 CREAM 1 OZ 55.00

**CAUTION:** Uttati's essential oils are very potent and should never be taken internally. Although essential oils are used in minute quantities, some individuals may experience allergic reactions to them. To test, apply a minute amount to the skin on the top of the hand between the thumb and the index finger or to the skin just below the elbow. In the event of an adverse reaction, apply vegetable oil such as canola or olive, then wash with cold water

99.90

# Distributed By:

CREAM 2 OZ